

General Developmental Milestones

3 Months

- Responds to loud noises
- Notices hands
- Follows moving objects with eyes
- Grasps and holds objects
- Smiles at people
- Supports head well
- Babbles
- Brings object to mouth
- Tries to imitate sounds, movements, and facial expressions
- Pushes down with legs when feet are on flat surface
- Move one or both eyes in all directions
- Pays attention to new faces
- Reacts to bright colors and movement of objects
- · Lifts head and chest while on stomach
- Swipes at toys
- Enjoys playing with people
- Communicates with face and body
- Supports upper body with arms while on stomach
- · Kicks legs while lying on stomach or back
- · Opens and shuts hands

[7 Months]

- Body is normally relaxed
- · Head stays steady when body is pulled to sitting
- Reaches out with one hand only
- Cuddles
- Shows affection for caregiver
- Sits without help
- Plays games such as peek-a-boo
- Plays on stomach
- Enjoys being around others
- Responds to sounds around him/ her
- Laughs or makes squealing sounds
- Follows objects with both eyes near and far
- · Bears weight on legs
- Tries to attract attention through actions
- Enjoys social play
- Interested in mirror images
- · Rolls from back to belly and belly to back
- Transfers objects from hand to hand
- · Rakes objects with hands
- Responds to own name
- Begins to responds to "no"

1 Year

- Crawls
- Stands when supported
- Searches for objects that are hidden while she watches

- Says single words as "mama" or "dada"
- · Uses to gestures such as waving or shaking head
- Turns to person speaking child's name
- · Plays with a variety of toys
- Understands simple questions
- Imitates or tries to imitate actions
- · Plays social games
- Vocalizes frequently
- · Smiles/ laughs when looking at you
- Picks up small objects
- Explores on floor through rolling or crawling
- Uses fingers by themselves
- Places feet flat on floor
- Shy or anxious with strangers
- Cries when mother or father leaves
- Shows preferences for certain people and toys
- Tests parental responses to actions and behaviors
- Prefers regular caregiver over all others
- Gets to sitting position without help
- · Walks holding on to furniture
- Pulls self to standing
- Finger-feeds self
- Uses pincer grasp
- Bangs two objects together
- Puts objects into and takes objects out of container
- · Lets objects go voluntarily
- Pokes with index finger
- Tries to imitate scribbling
- Says "dada" and "mama"
- Finds hidden objects easily
- Imitates gestures
- Looks at correct picture when the image is named
- · Begins to use objects correctly

2 Years

- Walks
- Walks with heel-toe pattern
- Speaks at least 15 words
- Uses 2 word sentences
- Knows the function of common household objects
- Imitates actions or words
- Follows simple instructions
- Pushes wheeled toy
- Uses and understands 10 words or more
- Knows names of familiar people or body parts
- Walks downstairs without hand being held
- Shows interest with other during play
- Recognizes pictures of familiar objects



General Developmental Milestones

- Turns over container to pour out contents
- · Builds tower of four blocks or more
- Begins to sort by shapes and colors

3 Years

- Builds tower of more than 6 blocks
- Manipulates small objects
- Copies a circle by age 3
- Communicates in short phrases
- Engages in more advanced pretend play
- Understands simple instructions
- Has interest in other children
- Names pictures
- Listens to stories with pictures
- Answers questions about recent experiences
- Remains on task for at least 10 minutes
- Puts toy "in, on, or under"
- Says 2 word phrases
- Climbs well
- Walks up and down stairs
- Kicks ball
- · Runs easily
- Pedals tricycle
- Bends over easily without falling
- Makes lines with pencil or crayon
- Turns book pages one at a time
- Holds a pencil in writing position
- Screws and unscrews jar lids, nuts, bolts
- Turns rotating handles
- Follows a two- or three- part command
- Recognizes and identifies common objects and pictures
- Understands most sentences
- Uses 4- to 5- word sentences
- Say age, name, and sex
- Uses pronouns (I, you, me, we, they) and some plurals
- Strangers can understand most of his/her words
- Makes mechanical toys work
- Matches an object to picture in book
- · Sorts objects by shape and color
- · Completes puzzles with three or four pieces
- Understands concept of two
- Imitates people
- Can take turns in games
- Understands concept of mine and his/hers

4 Years

- Hops and stands on one foot up to five seconds
- Goes upstairs and downstairs without support
- Kicks ball forward

- Throws ball overhand
- · Catches bounced ball most of the time
- · Moves forward and backward with agility
- Draws a person with two to four body parts
- Uses scissors
- Draws circles and squares
- Begins to copy some capital letters
- Understands some basic rules of grammar
- Uses 5- to 6- word sentences
- Tell stories
- Strangers can understand what child is saying
- · Names a few colors
- Understands counting
- Follows three part commands
- Remembers parts of a story
- Understands "same" and "different"
- Cooperates with other children
- Dresses and undresses self with help

5 Years

- Stands on one foot for 10 seconds or longer
- Hops, somersaults
- Swings
- Climbs
- · Copies shapes
- Draws person with a body
- Prints a few letters
- Dresses and undresses without help
- Uses fork, spoon, and knife
- Uses phrases of more than 5 words
- Uses future tense
- Tells longer stories
- Knows name and address
- Can count to at least 10
- Wants to please and be like friends
- Likes to be center of attention
- More independent
- · Able to distinguish fantasy from reality