

### [ 3 Months ]

- Supports own head well
- Reaches for and grasps toys
- Pushes down with legs when feet are on a firm surface
- Moves side of body
- Swipes toy
- Head moves around freely
- Pushes head and chest off floor when on stomach
- Supports upper body with arms when on stomach
- Kicks when lying down
- Opens and shuts hands
- Brings hands to mouth

### [ 7 Months ]

- Reaches toward two with both hands
- Can sit with help
- Can hold head steady while sitting
- Hands come together at midline
- Actively reaches for objects
- Bears weight on legs
- Can get objects to his mouth
- Rolls from back to belly
- Rolls from belly to back
- Reaches with one hand
- Transfers objects between hands
- Rakes objects with hands

### [ 1 Year ]

- Crawls forward
- Assumes hands and knees position
- Creeps on hands and knees
- Pulls to stand
- Stands when supported
- Picks up small objects
- Sits by self
- Moves around on floor
- Goes from belly to back to sitting
- Places feet flat on floor
- Gets to sitting by self
- Walks holding on to furniture
- Stands momentarily without support
- May walk two or three steps

### [ 2 Years ]

- Walks alone
- Uses heel-toe walking pattern
- Pushes a wheeled toy
- Walks downstairs by self
- Pulls toy behind while walking
- Carries large toy while walking
- Begins to run
- Stands on tiptoe
- Kicks a ball
- Climbs onto and down from furniture unassisted
- Walks up and down stairs holding on to support

### [ 3 Years ]

- Doesn't fall frequently
- Uses the stairs with ease
- Kicks ball
- Pedals tricycle
- Climbs well
- Bends over without falling
- Walks up and down stairs with one foot per step

### [ 4 Years ]

- Hops and stands on one foot
- Kicks ball forward
- Throws ball overhand
- Catches ball most of the time

### [ 5 Years ]

- Stands on one foot for at least 10 seconds
- Hops on one foot
- Can do somersault
- Swings